



# Children at the Table: A quick guide to making your voice count.

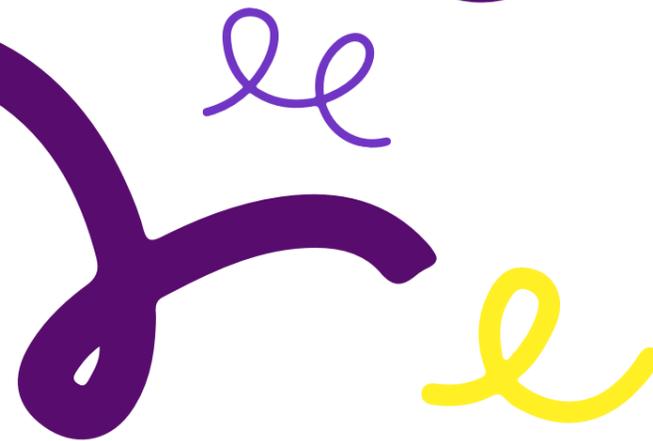
Children  
at the Table





**Make  
your  
voice  
count**

**Share the  
petition!**



**So you  
signed  
the  
petition!**

### What's next?

We're so glad you've chosen to sign our campaign petition. By having you on board we can change things for babies, children and young people in the UK.

The next Prime Minister must make childhoods a national priority. They have the opportunity to make all children in the UK safer, happier & healthier by committing to a plan.

Your MP is your voice. They can give children a seat at the table and engage with the campaign.

Ask them to do so today. You can send them [an email](#) or follow the steps to send a tweet.

If you have X (formerly Twitter) try these 4 steps..

**1** **Search for your local MP**

[Click here](#) to search for your local MP's X account using your postcode.

**2** **Write or edit your tweet**

Try this sample text or edit it to your own words:

*Hi [@myMP] I have signed the #ChildrenAtTheTable petition because the situation facing children in the UK is worrying. I want the next Government to do something to transform childhoods for good. As my local MP, will you help?*

# 3 Add an image

If you want to you can include [this image](#) to draw attention to your post.

# 4 You don't have stop there

Once you've posted your tweet - there's still more ways to add your voice to the campaign. We've listed some ideas for you.



# Other ways to add your voice.

## Help spread the campaign message

### For young people

- Download the [engagement kit](#) from the [resources](#) page.
- Use social media? Upload a video using the campaign name or hashtag, sharing why you think it's important for babies, children and young people to be heard by those in power.

### For organisations

- If you're in the sector and want to become a supporter, email [LEvans@ncb.org.uk](mailto:LEvans@ncb.org.uk) to join our growing list & find out more.
- Share the campaign with your internal teams and tell them to sign the petition.

### For adults

- Continue to share the campaign with your networks & visit the [resources page](#) to help you share the campaign.
- Speak to a younger person in your life and encourage them to use their voice in this campaign.

### For schools & colleges

- Download [the engagement pack](#) (made for and by young people)
- Why not host a Children at the Table themed event using the pack above & invite your local MP.

### Want to tag us in your posts?

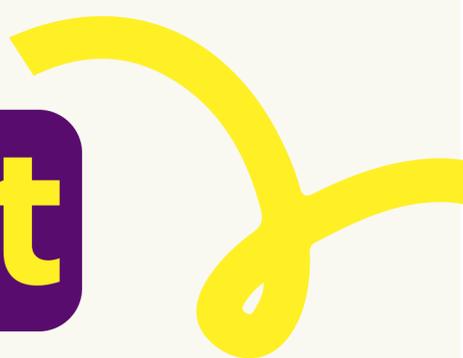
Here are some of our handles on X.

@actnforchildren  
@Barnardos

@ncbtweets  
@NSPCC

@childrensociety





Every  
voice  
help us put  
**children**  
at the  
**heart**  
of the next  
**Government.**

thank you!

Children at the Table is a campaign from the Children's Charity Coalition. We are working to make sure children across the UK today and tomorrow are safer, happier, and healthier and have more equal access to opportunities.